Summary: A Journalistic Insight into Stroke

John Matthews

- Stroke is widely misunderstood and its range of effects are ignored by the media.
- Stroke victims are afraid to admit to many of their symptoms and signs in case they are labelled as 'insane'. This also makes many stroke victims feel they are isolated and the only one who is experiencing the effects of their stroke.
- Stroke has wide-ranging effects and in John's case has left him with reduced memory for words, though physically he can appear unaffected. Because John spent many years working as a journalist before the stroke his vocabulary was above average and this has allowed him to cope better.
- Journalists should consider covering stroke more often, and in more depth.